

# 2024 DUST-THE-RUST-OFF MASTERS CAMP

## Come to Red Lodge Mountain and GET READY TO RACE!!

## **DECEMBER 8-11, 2024 (TRAINING) / DECEMBER 12-13, 2024 (GS/SL)**

#### **WHAT YOU GET:**

- Slalom training technique and tactics
- GS training line and technique
- · Free-skiing drills
- Daily video analysis
- Evening social events
- Daily door prizes
- Apres-ski educational programs to help you ski faster

- Maximum 8:1 Athlete to coach ratio
- Maximum participants: 40 per day
- US Ski & Snowboard-sanctioned masters races (GS/SL) at the end of the camp
- Proceeds from the camp support the Silver Run Ski Foundation, Thank You!

#### **COACHING STAFF**



**Lisa Ballard**: Camp Director. 3X FIS Masters SG champion. 2022 FIS Masters GS champion, 2X FIS Masters age group champion. 2<sup>nd</sup> Overall FIS Masters Cup, 2023, 2022. 6X US Masters Skier-of-the-Year; 100+ US alpine masters titles (DH, SG, GS, SL); USSS and PSIA-certified coach; 30+ years coaching experience; Former US Ski Team, Dartmouth College and pro racer. Author, *Ski Faster! Guide to Racing & High Performance Skiing.* 



**Pam Tucker-Kopp**: Silver Run Head Coach. Former program coordinator, alpine head coach, U16 Coach, Bogus Basin Ski Educational Foundation. 16 years coaching experience. US Ski & Snowboard Level 200 Coach. Technical Delegate. Former Rocky Mountain College (USCSA) racer. Former Silver Run Athlete. Red Lodge native. Degree in physical education.



**Jeremy Wolf**: Silver Run Coach Assistant Head Coach. 6 yrs on Silver Run coaching staff. Former FIS-level racer. USSS-certified coach. Has also coached at Schweitzer and at Rocky Mountain College (multi-time USCSA national champs). Lecturer in creative writing at Rocky Mountain College.



**Mark Selby**: USSS Level 200 and PSIA Level 2 coach. 26 years coaching experience. 20 years Silver Run Coach, all ages/abilities including U8, including FIS and Masters athletes; ski gear + tuning guru. Fishing guide in off-season.



Jack Ballard: M.A., M.Ed: 2023 National Speed Series class 7 champion, 4th overall men under age 65. US Ski and Snowboard certified coach, 8 years dedicated masters coaching at Red Lodge Mountain and Big Sky Resort. USSS-certified coach and official. Former university lecturer, including graduate courses in educational psychology and human learning. Chair, USSS Northern Division Masters. Member, US Ski and Snowboard Masters Working Group.

#### **SCHEDULE:**

**Saturday, Dec 7:** Welcome reception/camp check-in, 6pm-8pm, Roosevelt Center, 219 S Broadway. Refreshments provided by Silver Run Ski Club.

**Sunday, Dec 8:** SL free-skiing drills (morning). SL progression – brushes, stubbies, gates (afternoon). "Social Night" - dinner at private homes around town.

**Monday, Dec 9:** SL training continues (morning/afternoon). Apres-ski chalk talk: "What's My Line? How to find the right line based on terrain and the course".

**Tuesday, Dec 10:** GS free-skiing drills (morning) GS training with line drills (afternoon). Pizza party and door prizes, 5pm-7pm at Red Lodge Pizza Co, 115 S Broadway, compliments of Silver Run Ski Foundation and camp sponsors.

**Wednesday, Dec 11:** GS training (morning). GS timed runs (afternoon). Evening program by Zoom: "Prepping Your Skis for Race Day"

Thursday, Dec 12: US Ski & Snowboard masters GS race.

Friday, Dec 13: US Ski & Snowboard masters SL race (morning). Afternoon departure.

#### COST:

#### Only \$530.00!

#### Camp tuition includes your race entry fees.

Camp tuition does <u>not</u> include transportation, lift tickets, lodging and a US Ski & Snowboard (USSS) masters license. A USSS license is not required to participate in the camp, but it is required to enter the races. If you are not a member of USSS, the camp staff can assist you in joining USSS (recommended if you are planning to go to additional masters races this winter) or obtaining a one-day "short-term license".

#### **Discount for Silver Run Masters Members:**

Your 2024-25 Silver Run membership must be paid prior to camp registration to receive your discount:

Multi-day + 2-day/week Members: \$430 1-day/week Members: \$480

#### **CANCELATION POICY:**

10% Cancelation fee prior to November 1, 2024.

After November 1, 50% cancelation fee and only if we can fill your spot!

#### **LIFT TICKETS:**

Red Lodge Mountain offers discounted multi-day lift tickets which can be purchased at the ticket window or cheaper in advance online at <a href="RedLodgeMountain.com">RedLodgeMountain.com</a>. Pricing also gets cheaper as you get older, starting with Seniors (ages 65-69) and Super Seniors (ages 70+).

Sign up at <u>SilverRunSki.com</u> under "Masters" Registration opens at 7:00 a.m. on September 1, 2023



The Pollard Hotel: Historic hotel in the heart of Red Lodge. 20% off. Room rates vary based on the room you select. Full breakfast available at Marli's Restaurant in the hotel starting at 6:30am (not included in room rate). To book, use code: SILVER, or click here.



The Yodeler: Motel-style lodge, close to ski area access road. \$105 to \$120 +tax per room per night based on room type. No code. https://www.yodelermotel.com/

Please note: Red Lodge Christmas Stroll is the arrival weekend of the camp. Book your room ASAP to ensure availability!

#### **REGISTRATION SYSTEM:**

The Dust-the-Rust-Off Camp typically fills within a minute or two after the registration portal opens. If you do not get into the camp, please continue to the waitlist for three reasons:

- There is no obligation or charge to be on the waitlist.
  We usually clear a few people from the waitlist into the camp.
- 3. If you have been waitlisted for 2 consecutive years, you will have an "early bird" opportunity to register for the camp prior to September 1 in year 3.

#### **MORE INFO:**

Lisa Ballard, Camp Director, T. 406-690-0190, lisaballardoutdoors@gmail.com Vanessa Selby, Program Director, Silver Run Ski Club, T. (406) 208-1875, silverrunski@gmail.com

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### Camp sponsors include:



















